

SUPER CREAMY RECIPES!

Fruit Rainbow

A BURST OF COLOR AND VITAMINS!



INGREDIENTS:

- Plain yogurt
- Colorful fruits (blueberries, kiwi, mango, strawberries...)

PREPARATION:

1. Cut the fruit into small pieces.
2. Place a piece of a different fruit in each mold.
3. Fill with yogurt and freeze.
4. You'll have multicolored dots packed with vitamins!

*NOTE: You can add sugar or sweetener to taste for a sweeter touch.